

Garden Village Primary Academy – Overview of Indoor and Outdoor PE Units

Indoor	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor/field	Outdoor	Indoor/field	Outdoor
Reception	Dance	Multi Skills (body management unit 1)	Gymnastics	Multi Skills (body management unit 2)	Dance	Multi skills (manipulation and coordination unit 1)	Gymnastics (unit 2)	Multi skills (manipulation and coordination unit 2)	Co-operate and solve problems (unit 1)	Multi skills (speed, agility, travel unit 1)	Co-operate and solve problems (unit 1)	Multi skills (speed, agility, travel unit 2)
Year 1	Dance	Send and return (unit 1)	Gymnastics	Send and return (unit 2)	Dance	Attack, defend, shoot (unit 1)	Gymnastics (unit 2)	Attack, defend, shoot (unit 2)	Run, jump, throw (unit 1)	Hit, catch, run (unit 1)	Run, jump, throw (unit 2)	Hit, catch, run (unit 2)
Year 2	Dance	Send and return (unit 1)	Gymnastics	Send and return (unit 2)	Dance	Attack, defend, shoot (unit 1)	Gymnastics (unit 2)	Attack, defend, shoot (unit 2)	Run, jump, throw (unit 1)	Hit, catch, run (unit 1)	Run, jump, throw (unit 2)	Hit, catch, run (unit 2)
Year 3	Dance	Football	Gymnastics	Netball	Dance	Hockey	Gymnastics (unit 2)	Tag Rugby	Tennis	Cricket	Athletics	Rounders
Year 4	Dance	Netball	Gymnastics	Tag Rugby	Dance	Football	Gymnastics (unit 2)	Hockey	Tennis	Rounders	Athletics	Cricket
Year 5	Dance	Tag Rugby	Gymnastics	Netball	Dance	Hockey	Gymnastics (unit 2)	Football	Tennis	Rounders	Athletics	Cricket
Year 6	Dance	Multi Skills (body management unit 1)	Gymnastics	Multi Skills (body management unit 2)	Dance	Multi skills (manipulation and coordination unit 1)	Gymnastics (unit 2)	Multi skills (manipulation and coordination unit 2)	Co-operate and solve problems (unit 1)	Multi skills (speed, agility, travel unit 1)	Co-operate and solve problems (unit 1)	Multi skills (speed, agility, travel unit 2)